



SETON

SPRING 2023

Educating in the Spirit of St. Elizabeth Ann Seton



Faith
Grace
STRENGTH
AND
Music



“ We feel so very blessed to watch our Saints find their lights and share them with others. ”

KATHY ALLEN CIARLA '87
KAREN KLUG WHITE '92

Dear Alumnae, Parents, Students and Friends,

Each and every day when we walk the halls here at Seton we are inspired by our incredible students, faculty and staff. The genuine Seton spirit is felt throughout our campus, and we feel so very blessed to watch as our Saints find their lights and share them with others. We are so grateful to God for all of the opportunities afforded to our students, and we are so grateful to our generous, supportive alumnae and the Sisters of Charity.

Our teachers pour their hearts and souls into all that they do here at Seton. Maribeth Brown Samoya '81 is a great example of this. After 35 years, she retired from teaching in the classroom, but is still very involved here at Seton. Your heart will be touched as you read our cover story on pages 4-7 about how she continues to inspire the community.

Recognizing the power of prayer is something that Pam Ehrman Kent '81 has seen firsthand and willing to share with others. Read about how the prayers of the Sisters of Charity and through the intervention of S. Blandina Segale, a miracle validated by the vatican, occurred within her. She talks about the experience on pages 18 and 19.

Our athletic teams have had quite an exciting year so far! We are so proud of our varsity soccer Saints who made history this past fall as they clinched the **OHSAA Division 1 Girls Soccer State Championship!** Our volleyball Saints were the District Champions! You can read more about our athletic accomplishments on pages 12 and 13.

Our enrollment continues to grow here at Seton! We are thrilled to welcome 198 freshmen to the Class of 2027. Please pray for our newest Saints as well as our current Saints, staff and administration. Thank you for your strong support as we continue to live out the mission of our patroness, St. Elizabeth Ann Seton.

Thank you!

Kathy Allen Ciarla '87
President

Karen Klug White '92
Principal



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PHOTOS: (Left) Our Seton Helping Saints Club organized a Giving Tree for families at St. William this past Christmas. Seton students and staff donated several toys and gifts. (Middle) Every Friday morning before school students and staff are invited to spend time in our beautiful chapel to say a rosary together. (Right) The Seton Saints in Elder Marching Band and Guard played in the Krewe of Pontchartrain Parade in New Orleans. This photo is of them at a restaurant in the French Quarter.

ON THE COVER: Maribeth Brown Samoya '81 at the grand piano on stage in the Tom and Janis Kelley Family Theater. Maribeth retired in 2020 from teaching at Seton, where she was for 35 years. She is still very involved with the music department today.



SETON

Sponsored by the Sisters of Charity of Cincinnati

Seton High School, a Catholic community in the tradition of St. Elizabeth Ann Seton, through the mission of the Sisters of Charity of Cincinnati, develops a diverse population of young women for a life of faith, service and leadership and engages them in achieving academic excellence in a college preparatory environment.

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Maribeth
Brown
Samoya '81
Choral Hall



Faith *Grace* STRENGTH AND *Music*

What is the greatest strength of a woman?

It may be the power to persevere through any obstacle while showing grace, strength and dignity along the way. It could be the ability to adapt to any situation and have the innate intuition to make difficult and prayerful decisions throughout her life. Perhaps it is that she is both vulnerable enough to be teachable but strong enough to stand alone. Or maybe it is that through all the beautiful and heartbreaking things life hands her, she has the ability to be inspired while at the same time inspiring others. We all have been blessed to have strong women in our lives; and chances are, if you are a Seton alum or a west-sider, you've been blessed enough to have had your life touched at some point by Maribeth Brown Samoya '81, who embodies all of these strengths and so much more.

A FOUNDATION OF FAITH AND MUSIC

Maribeth was raised on faith, values and a passion for music. “My upbringing taught me the significance of strong faith,” said Maribeth, who was one of eight children. “We filled up two pews every Sunday in church, and me and my siblings all went to Catholic grade school and high school.” Her father was a successful builder, and she feels that although they all grew up in a fortunate environment, they still had expectations placed on them. “We all had to go to church, get jobs and do chores around the house. We had a great work ethic,” she added. The woman Maribeth looked up to throughout this time was her mother. “My mom was one of the strongest people I have ever known. She taught us everything we needed to know to be good, honest and loving people,” she said. “My parents divorced when I was 12, and this was not very common with Catholics back then; but she was the best role model I could ask for – a woman of great faith.”

As a young girl, she was drawn to all-things music. Her sister, Debbie, encouraged their mom to put Maribeth in piano and violin lessons. “She recognized my passion for music when I was very young,” said Maribeth. Debbie, who was teaching orchestra at Seton and studying at the University of Cincinnati College Conservatory of Music at that time, would bring Maribeth to all the shows and concerts at both Seton and UC. Maribeth also learned how to play the trumpet during these years from Elder Band Director Lee Trauth. By the time she got to Seton as a freshman, there were too many girls signed up for piano and trumpet, so Maribeth was assigned to play the French Horn. “I kind of taught myself to play,” she said with a laugh. “I was horrible, but it was a good experience to play a difficult instrument with an orchestra.”

The shy grade-school girl gained confidence throughout her four years at an all-girls high school. “When I arrived at Seton I came out of my shell and found my new self,” she explained. “I don’t think I would have thrived as much with boys in my classes, but I did perform on stage with them in the Seton-Elder Series at Eight and that was a great experience.” In addition to her musical interests, Maribeth also loved her English literature classes. “I fell in love with Shakespeare and classic books. Beautiful stories, especially love stories, are what make performing arts shows wonderful,” she said.

S. Mary Therese Thorman, who was Seton’s music teacher at that time, had a big impact on Maribeth. “I wasn’t sure if I wanted to pursue a career in performing or in teaching,” said Maribeth, who also began singing at weddings and funerals while she was a teenager. “S. Mary Therese sat me down and discussed the pros and cons of each. She also had me teach a couple of lessons in music theory to the chorus class in order to give me a taste of teaching. It was a major reason I decided to become a teacher and put my performing career as secondary.”

S. Mary Therese felt it was a privilege to teach Maribeth. “She was an enthusiastic musician spending two class periods

each day making music with her beautiful soprano voice in chorus and as an excellent accompanist playing the piano in orchestra,” S. Mary Therese said. “When she decided to study music in college I was excited for her and not surprised.”



Maribeth majored in voice and minored in piano at Northern Kentucky University where she earned her Bachelors of Music Education in 1985. During her years there, she helped Sr. Mary Therese with Seton music events. “Not only was I so grateful for her help with various musical tasks,” explained S. Mary Therese, “but she was also such a positive role model for the students. I could well imagine her as a music teacher with music and stage experience plus a solo voice.” When one of these two women was ending her teaching career at Seton, the other was finishing her college degree. “Sounded like more than a coincidence to me,” said S. Mary Therese. “I asked her if she wanted to apply for my job. Although you never can predict the future and its possibilities or where God may be calling you, I expressed to Maribeth my hope that she would be able to stay for some years. Little did I know that she would triple my years at Seton!” At the age of 21, directly out of college, Maribeth started her teaching career at Seton.

Another very influential person in Maribeth’s life has been Mr. Dave Allen.

“He has been my mentor before and after I began teaching. With his

favorite phrase of ‘everything’s going to be just fine,’ and through his actions, Dave taught me how to stay calm in any crazy situation that comes along,” said Maribeth. “He also helped

me understand how giving our time and talents to the community is so important; and also how I was, in fact, making a difference.” After about two years of teaching at Seton, Maribeth

was concerned about making a living from a Catholic school teacher salary and thought she should start looking for other jobs, so she asked Dave if he would write a recommendation letter for her. His response was “Oh my, who would ever replace you?”, and he went on to explain how she was making an impact already in the lives of her students. “That day I changed my mind and never applied anywhere else,” she said.

Dave saw Maribeth’s strengths both during high school and as a teacher. “As a student she was always very involved and as a teacher she was instrumental in the performing arts,” said Dave, who started the unique Seton-Elder Performing Arts program over 50 years ago.



Dave Allen and Maribeth Brown Samoya '81



“She has always been excellent in relating to the students and staff and bringing fresh ideas to the program. She is such a gifted person in all areas and genres. Maribeth is such an asset to the entire community,” he added.

She also found a great friendship early in her teaching career with Lois Haneberg Childers '77, who has been a teacher in Seton's Math department for over 35 years. “She was the orchestra director when I first started teaching and has always been such a great mentor and one of my best friends,” said Maribeth. “She is truly one of the most amazing teachers that I've worked with. The students see how much she loves to teach and she inspires all of us.”

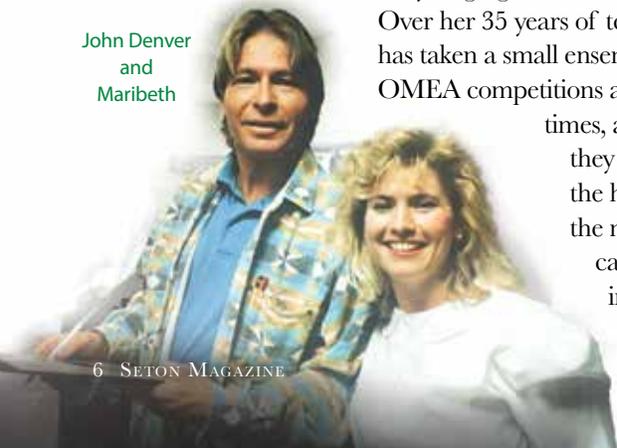
As a young teacher, Maribeth had the advantage of being so close in age to her students which made it easy for her to connect with them. “I took classes to improve my teaching, and I learned how to read personalities to see what individual students' needs

are,” said Maribeth, who is notorious for her boy advice for her students and ‘Romantic Fridays’ in her music classes. “So many songs throughout history have been written about the poor maiden who needs to be saved by the strong man; so of course I taught them to look at the perspective of the era that it was written, and I always reminded them to demand respect,” she said. On the weekends, Maribeth kept busy performing in a rock and roll band and then progressive rock music and originals with a band. After her two sons were growing out of their toddler and pre-school years, she joined the Tommy & Hub Band and also became the choral director for the Cincinnati Metropolitan Orchestra, which rehearses and performs at Seton.

She had some great success with teaching in those early years, including her first-ever Christmas concert as a teacher in 1985. “The choruses were amazing that year, and I felt proud to be their teacher,” she said. In 1988, the choruses from Seton, Elder and St. William had the honor of performing with John Denver in downtown Cincinnati. “John Denver himself tried to call Dave Allen to talk through some details, and when he couldn't get a hold of Dave, John called me. When I hung up I hardly remember what we even said because I was so shocked that he called me,” she explained. “I looked so young at that concert that I ended up actually singing with the students on stage!”

Over her 35 years of teaching, Maribeth has taken a small ensemble to District OMEA competitions about 20 different times, and each time they have scored in the highest rating in the most difficult category. “I'm immensely proud of that!”

John Denver and Maribeth

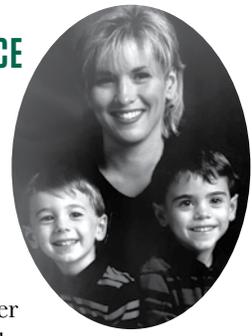


A COMMUNITY OF STRENGTH AND GRACE

Regardless of whatever life has handed her, Maribeth has always given her time, talents and passion back to the community. Likewise, she has always felt incredible support from the community and her Seton family through her most faith-shaken times. In 1998 she relied on the love, prayers and support from her Seton family and the entire community after the devastating loss of her seven-year-old son, Tony, who was born with congenital heart defects and died during a surgery to repair pulmonary branch stenosis and some heart valves. In addition to focusing on continuing to be a mom to her five-year-old son, Sammy, she leaned on her faith, family and friends to carry her. “When my son, Tony, passed, my Seton family was just as important as my immediate family. Tony and Sammy had always come to rehearsals after school with me. They would ride their tricycles around the auditorium while I was at the piano, and my students played with them,” explained Maribeth. “When Tony didn't survive his heart surgery, the entire school felt the pain because they knew him. Seton offered their support immediately. Several faculty members performed music at the funeral. Mass. Fr. Steve Angi, who was on our staff, presided at the funeral. Tony's wake was in the cafeteria because we needed a large area where many people could attend. The students took up a collection, and people sent cards, food and gift cards which really helped me get by. I was a single mom by this time raising two kids on a teacher salary. It would've been so much more difficult without my Seton family. This made my devotion to Seton stronger than ever,” she added.

Maribeth felt that she needed something positive to focus on after Tony passed. “I decided to start a scholarship in his name,” she said. For a couple of years she held a dance and her band played. Then they decided to change the event in order to include Tony's friends, so she started the Tony Samoya 5K. She has since expanded the scholarship fund to include and honor her friend's daughter, Jen Sherman '09, who underwent a successful heart surgery as a child but suffered a heart attack as a teenager and later passed away two years after her Seton High School graduation. It is now called the Jen Sherman/Tony Samoya Scholarship Fund, and it helps St. Teresa and Seton students. “I'm always planning future fundraisers to raise money,” she added.

In 2010, Maribeth married Larry Kutzleb and she also gained what she called her



Maribeth and her sons, Sammy and Tony



Larry Kutzleb and Maribeth



'three bonus children'. She felt grateful to be able have so much love and so many blessings in her life. It was also around this time that Maribeth was watching The Today Show one morning and was inspired by a feature about Pantene Beautiful Lengths where someone had their ponytail cut off on live television to raise awareness for the organization. Since she had been growing her hair out during this time, she had the idea of cutting her own hair to donate and thought maybe some Seton students would want to do it with her. "I thought this could possibly be big, but I didn't realize how huge it would grow to be!" said Maribeth. The first Pantene Beautiful Lengths event at Seton was held in 2010. Students, staff, alums and friends of Seton all showed up to donate and to support. "Many of those who came to the event had lost their hair at some point to chemotherapy," she said. It was a great success



Maribeth at the Pantene Beautiful Lengths event

in which over 350 people donated their hair. "I was never more proud to be a Seton Saint," said Maribeth.

In order to keep the Pantene Beautiful Lengths donation successful, it was decided that Seton would do the event every three years so that students could have time to grow their hair out to the required length of an 8-inch ponytail to donate. In 2013, over 500 students and community members donated; and in 2016, the last time that the event was held due to

changes in how wigs were made, there was a record number of 633 people who donated simultaneously, and the event was shown live on national news. "We all have been touched in our lives in some way by cancer," said Maribeth, "and this was a powerful and meaningful way to make a difference."

Throughout her career, Maribeth has coordinated several trips for her music students to learn more. They've been to places like Chicago, Nashville, Gatlinburg, Virginia Beach, Renfro Valley, Toronto/Niagara Falls and New York City. The first time she went to New York City with a group from Seton was 2002; and it was also the first time Maribeth had ever been to a Broadway show. "I fell in love with Broadway and made it a mission of mine to bring students to shows there, especially musicals," she explained. "I am so proud to be part of several of their first Broadway experiences!" She has also coordinated trips for Seton alums and their families as well and is in the process of planning more.

A FULL HEART

Performing has always been Maribeth's passion. Which is why after 35 years of teaching in the classroom at Seton, she retired in the spring of 2020. "I like to say that I'm not really retired but just retired from the classroom. Of course, I haven't



Justin Kohler and Maribeth

left," she said with a laugh. "I still accompany on piano and keyboard for the music shows, including the annual spring musical." She also oversees hair and make-up and makes sure there are people to help with costumes and props. "It keeps me super busy, but I love it." She also still directs the chorus and still performs with the Cincinnati Metropolitan Orchestra. "Justin Kohler and Marco Colant have taken over in the Seton Music department and they are doing an excellent job," she added. "Mary Telger Sunderhaus '80 is still there and she keeps them in line," she joked.

Maribeth said she feels incredibly blessed to be where she is today. She and Larry now have five grandchildren. Maribeth has been able to pour more time and energy into her family and passion into her career. "I've been performing steadily ever since retiring from teaching, and I love it. People ask where I perform and I tell them in about every west side drinking establishment plus others," she said with a laugh. She can be heard belting out some of her favorites like "Don't Rain on My Parade" or "Natural Woman" in addition to many others. "These songs have amazing lyrics and melodies with a lot of attitude," said Maribeth. Her list of favorite artists is long and covers a variety of genres. "Artists like Billy Joel, Tom Petty and Sheryl Crow, to name a few, have a superior ability to combine lyrics with melodies," she said. "And when it comes to classic Broadway, I'm obsessed with George Gershwin and Cole Porter." But she never leaves out the females in the business that inspired her desire to perform. "Trailblazers in pop music include Ann and Nancy Wilson from Heart, Pat Benatar, Shania Twain and Dolly Parton," said Maribeth, who added that she could quote Dolly Parton's famous one-liners all day. Her favorite one? "If you want the rainbow you have to put up with the rain." And Maribeth is certainly enjoying the rainbow these days. She recently joined another band that she will perform with in addition to her solo act. She embodies what the strength of a woman means, and she continues to inspire so many of us. She truly loves that she is performing and there is a good chance that if you're out at a local west side establishment you may see her singing her heart out. "My husband, Larry, and my son, Sam, are my roadies," she said. "Life is good."

Seton Spirit



Giving to Seton

Seton President Kathy Allen Ciarla '87 and Carolyn James Haley '85 from Seton's Advancement team headed south to make some special visits with some supportive alums and their spouses this past winter. It was a great few days in Naples, Bonita Springs, Sarasota and Daytona Beach with the Seton Snow Birds and Florida residents who are all proud grads. It was wonderful to share memories and to learn about all of the upgrades and exciting things currently happening at Seton. We are grateful to our alumnae for their support. Thank you to everyone who met up for some fun in the sun with Seton!



Kathy Allen Ciarla '87 and Ron and Sue Dant O'Neal '60



Neil O'Connor, Kathy Allen Ciarla '87 and Ginny Callahan O'Connor '61



Stephen and Mary Lou Deutenberg Oker '49 and Kathy Allen Ciarla '87



*LEFT PHOTO: Top to bottom and left to right: Kathy Allen Ciarla '87, Sue Nienhaus Francis '75, Pam Bange Purcell '70 and Melissa Jones Gindling '81
Mary Jean Bill Wenzel '67, Lee Paff Wise '70, Linda Wolfzorn Skidmore '71, Sandy McElligott Mueller '67, Gail Haberthier Carmosino '70, Jackie Busse Witt '70
Kathy Paff Simkins '67, Vickie Eichstadt Klug '61, Emily Graber Henry '61, Carolyn James Haley '85, Sue Dant O'Neal '60 and Pat Taylor Gault '61*



Carolyn James Haley '85 and Vickie Eichstadt Klug '61



Classes of '60 and '61



Class of '67



Class of '70



Donna Willmes Kohler '85 and Kathy Allen Ciarla '87



LEFT PHOTO: Daytona Beach - left side of table (top to bottom) Jerry Haley, Butch Klug, Carolyn James Haley '85 and Kathy Allen Ciarla '87, Right side of table (top to bottom) Aaron Kohler, Pat Ciarla, Kathy Geluso Klug '69 and Donna Willmes Kohler '85



Kathy Geluso Klug '69 and Kathy Allen Ciarla '87

Questions?

For more information on donating, establishing a scholarship or on Planned Giving, please contact Seton High School President Kathy Allen Ciarla '87 at 513-471-2600 or ciarlak@setoncincinnati.org.

Saints in the BLINK Parade

Our talented Seton artists and art teachers as well as Seton students from the Elder Marching Band and Guard were part of the 2022 BLINK Parade!! So proud of all of these young ladies!!



Class of 1968 Comfort Bags

About five years ago Donna Bley Maley '68 was diagnosed with a rare cancer and started chemotherapy as part of her road to recovery. During this time, she still made an effort to meet with her Seton sisters from the Class of 1968 for the monthly luncheons at Jim & Jack's On the River. "At one of the luncheons I brought up the idea of making care packages for any classmates, friends or family members who were going through cancer," said Donna. The idea of Comfort Bags was sparked in the hearts of these Saints that day.

The group soon created a mission statement and created the first bag. Since then, more than 80 Comfort Bags have been delivered to people who are fighting cancer. There have been money and items donated from at least 75 members of the Class of '68. "Our donations are always ongoing and we are always happy to receive them," Donna said. "Each Comfort Bag consists of several different things to help an individual going through cancer and even more specifically for those in chemotherapy. "We love what we do and we want people to know that we are praying for them."

In addition to items like photographic history books, word searches, tissues, hand cream, a deck of cards, a St. Peregrine medal, prayer cards, a journal and many other must-haves, there are also the special touches from this group where these ladies have shared their talents to help others during this very trying time. Gail Shotwell Chastang '68 crochets and donates all of the hand warmers and prayer squares, Lynda Honerkamp Schroeder '68 makes and donates a beautiful stained-glass heart, and Mary Lou Krizsa '68 makes and donates the blankets.

So much time, talent, treasure and true Seton sisterhood goes into each and every Comfort Bag. However, the ladies from the Class of '68 are quick to tell you that much of



Back Row: Annabel Wagner Straub '68, Mary Lou Krizsa Lee '68, Sue Englebrink Bedinghaus '68

Middle Row: Gail Shotwell Chastang '68, Claire Solomon Noble '68, Mary Lee Robinson Schnieder '68, Carol Richter Dickman '68

Front row: Donna Bley Maley '68

the credit goes to Donna. "Having her own ongoing battle against cancer, she is well-aware of the needs of those facing therapies. Whenever possible, Donna gets information on the specific interests of the person who is receiving the bag so that we can add special touches for the recipient," said Lee Robinson Schnieder '68. "She is the backbone of this effort and the heart and soul behind the Comfort Bags."

To find out more about the Class of 1968 Comfort Bags, please contact Donna Bley Maley '68 at donnamaley@yahoo.com.

Seton Spirit

Welcome and Congratulations to the Class of 2027!

We welcomed 198 new Saints to the Seton Sisterhood on registration day in January. Please join us in congratulating these exceptional young women and please keep them in your prayers.



Here at Seton High School, we are continuously blessed to have supportive alumnae and friends of Seton. In addition to our Honors Program Scholarships, Admission with Merit Scholarships and 31 Women Scholarship, we are proud to offer leadership scholarships. The Alumnae Super Saint Scholarship is awarded to incoming freshmen, sophomores, juniors and seniors who demonstrate school spirit, leadership and service to others. The Mark Neumann, SC Seton Sisterhood Scholarship honors the legacy of former Seton Principal Mark Neumann, SC, and is awarded to incoming freshmen, sophomores, juniors and seniors who exemplify the true meaning of the Seton Sisterhood and are active in extracurricular activities. The Spirit of Seton Scholarship is awarded to a current sophomore who exhibits qualities of kindness and impacts others in a positive way. Teachers, coaches, counselors or staff members nominate students for the Mark Neumann, SC Seton Sisterhood Scholarship and the Spirit of Seton Scholarship.

Visit www.setoncincinnati.org/support-seton/ways-to-give/ to donate to these funds.

Service Update

Helping in the Community



Seton Helping Saints organized a Thanksgiving Food Drive and Hygiene Items Collection.

Thanksgiving meals with turkeys were offered to residents at Elberon Apartments and some Seton families; and extra meals, turkeys and canned goods were donated to the Holy Family Food Pantry. All hygiene products were donated to the Anderson Ferry

Food Pantry to help them restock their shelves. We are proud of our Saints for their servant leadership!



Mission Trip

Students from Seton High School headed to Louisa, Kentucky, for a mission trip recently. While in Louisa, the Saints were assigned multiple projects to complete, including yard waste clean-up, helping to build and stain decks and removing an old wooden stairwell to prep for a new one to be built. In addition, they attended daily Mass, reflected as a group, made dinners and had game nights. "The trip was full of spiritual growth for all involved, and it helped

garner a new appreciation for what we all have in this world," said senior Brooke McQuillan. "Service work is one of the many ways where we are able to see God," added Josh Mueller, Seton High School Campus Minister.





12 Months of Prizes... 12 Chances to Win!

Thanks to the incredible success of Seton's 12 Months of Giveaways of the past two years, we are thrilled to be bringing it back for 2023!

For \$25 per chance, you can win an incredible prize package. Chances will be sold throughout each month, and the winner's name will be drawn on the first day of each month.

For more information, visit setoncincinnati.org.

THANK YOU!

Girls' Schools Unite

Girls' Schools Unite campaign heads into its 4th year of friendly competition and fundraising! We are so very grateful to



our supportive and enthusiastic alums. The competition now includes six all-girls Catholic high schools – Mercy McAuley, Mount Notre Dame, Notre Dame Academy, Seton, Saint Ursula and Ursuline Academy. Thanks to our alums, Seton has won the competition two out of the past three years, and we want to come out on top once again and bring back the trophy! The fundraising campaign calls on alumnae from each school to make a gift to their high school alma mater. The high school with the highest percentage of alumnae participation will be named as the winning school. We will be relying on your support again! The GSU Campaign will take place May 1-3, 2023. Stay tuned!

Sports Update

SAVE THE DATE

Seton Athletic Boosters Golf Outing

The 14th Annual Seton Athletic Boosters Golf Outing will be held on July 17, 2023 at Aston Oaks. For more information about registration and sponsorship, please contact Seton Athletic Director Wendy Zureick Smith '90 at smithw@setoncincinnati.org.



Congratulations to the following student-athletes who are continuing their academic and athletic careers at the next level:

Courtney Fitzgerald: Morehead State University – volleyball

Miriam Lipps: Thomas More University – lacrosse

Sophia Martin: Ashland University – softball

Kaitlyn Miller: Thomas More University – volleyball

Shannon Ott: Indiana University Purdue University Indianapolis – soccer

Victoria Zappasodi: Cleveland State University – soccer

Seton Soccer Makes HISTORY! SETON VARSITY SOCCER WINS STATE CHAMPIONSHIP!



Congratulations to our STATE CHAMPIONS! For the first time in school history, the Soccer Saints clinched the 2022 DIVISION 1 OHSAA GIRLS SOCCER STATE CHAMPIONSHIP title! A big congratulations to the team and coaches John Volker, Lisa LaRosa and Jay Kiley on this incredible 20-3-1 season. The Seton nation showed up huge to support the team upstate with buses full of Seton students for both the semi-final game in Centerville and the championship game in Columbus. The Saints were honored by the city of Cincinnati as well as at the Ohio state capital in Columbus in front of both the Congress and the Senate. We are so very proud of this team and coaching staff and our amazing Seton community for their phenomenal support throughout the season and post-season tournament.

VOLLEYBALL



Congratulations to our Varsity Volleyball 2022 DISTRICT CHAMPIONS! Congrats to our GGCL Tournament Champions – our JV and Freshman teams BOTH placed 1st in the GGCL! The future is bright for this program!

SWIMMING



Congratulations to the following Aqua Saints who qualified for Districts this season: L-R: Ruby Schaefer, Laney Carroll, Ava Stratmann, Camille Smitherman, Alicia Burke and Hailey Wills!

DANCE



Congratulations to our Seton Varsity Dance Team who placed 7th in Pom and 8th in Hip Hop at UDA NATIONALS in Orlando!



Congratulations to our Seton Junior Varsity Dance Team who were the Grand Champions in both Pom and Hip Hop at Jam Fest Super Nationals in Indianapolis!

Performing Arts Update

Thank you to everyone who supports our performing arts throughout each year!



Seton Concert Choir performed in a concert at St. Peter in Chains Cathedral Basilica this fall with the Miami University Choraliers, Chamber Singers and Friar Alessandro - the "Voice of Assisi, Italy." This was such a great experience for our singing Saints and we are so proud of them!



The Seton-Elder Drama Club entertained the crowd during two nights of performing their fall play, *Bippity, Boppity, Baam!* Congratulations to the cast and crew!



Seton Concert Choir participated in Local 12's Holiday Carols TV Special in Washington Park in December.



Join us as everyone's favorite *practically-perfect-in-every-way* nanny takes to the stage! *Mary Poppins* entertains the audience with whimsy, magic, music and fun! With unforgettable sing-along lyrics, *Mary Poppins* brings the Banks children on many magical and memorable adventures. She has a profound effect on children and adults alike, and this wonderful show will be sure to remind us all that "anything can happen if you let it in!"

Wednesday, April 19, 7:00 p.m. **Friday, April 21, 7:00 p.m.**
Saturday, April 22, 7:00 p.m. **Sunday, April 23, 3:00 p.m.**

All tickets are \$15 and reserved seating.

For more information, visit www.setoncincinnati.org

Seton Sisters

Class Notes

40's

Sister Mary Francis Dirr '40, SND, celebrated her 101st birthday on January 9, 2023!



60's

Joette Schwier Briggs '69, Nancy Neggerman Ficke '69, Dorothy Couch Lingg '69 and Sharon Lasita Witsken '69 recently took their third vacation together. This past October they took a cruise out of New York to New England and Canada.



Even though these Saints live in four separate states, they have remained very close friends over the years.

70's

The Class of 1971 celebrated their 50-year reunion at Aston Oaks.



The Class of 1972 had a great time at their reunion at Western Hills Country Club in August 2022.



This generous group of Saints donated over \$1,000 back to Seton from their 50th reunion celebration!

80's

Class of 1982 - 40th Reunion



It was a beautiful fall evening in October 2022 for the **Class of 1987** to have a 35-year-reunion tailgate in Seton's Halo Café.



90's

Class of 1992 Reunion at 13 Below.



Class of 1997 - 25th Reunion



We are grateful to all of the reunion classes who made donations to the Alumnae Super Saint Scholarship Fund! Find out how you and your class can give back at www.setoncincinnati.org/support-seton/ways-to-give/

00's

Class of 2007 15th Reunion





Andrea Toth '13 attended the University of Dayton from 2013-2017 where she received her Bachelor of Chemical Engineering with a minor in bioengineering and a concentration in pre-medicine and graduated Magna Cum Laude. "I was able to finish this combined degree in four years while working other jobs and also practicing nearly full time as a volunteer EMT," Andrea said. "I conducted research at Cincinnati Children's Hospital Medical Center and was selected to be part of the ROSE program at the University of Cincinnati College of Medicine with an early admission to medical school," she added. Andrea subsequently was accepted to the UC Medical Scientist Training Program, or MSTP. This program is facilitated by UC's College of Medicine, CCHMC and the National Institutes of Health, or NIH. The program, which Andrea anticipates to graduate from in 2025, gave her the opportunity to combine clinical medicine (MD degree) with academic research (PhD degree). The MSTP program is a full-funded scholarship where she has received full tuition for medical school and graduate school as well as a living stipend. During graduate school she published several high-impact first-author manuscripts that are directly relevant to human health. Throughout that same time, she also

completed additional coursework to fulfill requirements for a Graduate Certificate in Biomedical Informatics. After graduation she plans to pursue a residency that combines clinical care and research with the goal of being a critical care physician who researches the lung injuries that impact many ICU patients. "My ultimate goal is to practice translational research, meaning that I will spend part time in the clinic likely doing ICU/critical care and the rest of the time doing research to inform patient care – likely in studying how to promote proper repair/regeneration in the lungs after injury," she explained. Andrea felt inspired through classes and activities during her high school years at Seton. "Seton inspired my interest in math and science, and also gave me the confidence to pursue and thrive in chemical engineering, a degree where women are typically in the minority." Through her AP courses, she was able to get ahead in college coursework and finish an engineering degree with extra pre-medicine classes in four years. "In addition to academics, Seton taught me the importance of getting involved in my community," added Andrea. "Through my experiences at Seton, I was driven to step out of my comfort zone and challenge myself academically, personally and in the professional world of science and medicine."



Megan Quinn Pettit '10 and her husband, Cody, celebrated their two-year anniversary in January 2023. They have a son named Hamilton, and are currently expecting a little girl, Briar, due to arrive July 1, 2023. Megan has been employed by TriHealth for 10 years. Her current role is a Training Specialist.

Alexa Jacob '17 graduated from Ashland University in 2021 with a bachelor's degree in Dietetics. Since then she has been working at Cincinnati Children's Hospital as a Registered Dietetic Technician. She just started this fall at UC to get her master's degree in clinical nutrition. She also became a coach for Seton's Bowling team this past year and is enjoying a great season.

Blair Durbin '18 graduated undergrad from the University of Cincinnati in April 2022 and has accepted a full time job with a team of Strategic Benefits of Cincinnati in the Benefit Advocate position. She also started her first season as an assistant varsity dance coach at Seton! Blair is so excited to be back as part of the coaching staff!



COMING IN THE FALL 2023

Starting with reunion years ending in "3" and "8", Seton will host a NEW reunion event on campus to celebrate our reunions together! With a beautiful outdoor space and the newly renovated cafeteria, both The Grove and the Halo Café make a perfect venue for celebrating together! More details to come soon!

Are you interested in Planned Giving, establishing a Named Scholarship or donating to Seton?

Please contact Seton High School President Kathy Allen Ciarla '87 at 513-471-2600 or ciarlak@setoncincinnati.org.

THANK YOU

to our generous alumnae and friends of Seton! You are making a difference to future generations of Seton Saints.

Seton Sisters

Weddings

Congratulations to the following Seton graduates and their spouses on their recent nuptials.

Jennifer Rodgers Worthington '12, December 11, 2021

McKenna Moehring Ramsey '16, July 16, 2022

Mackenzie Dugan Goins '16, October 22, 2022

Leigh Cucinotta Gentry '12, October 29, 2022

Mia Hurley Kuebler '09, October 29, 2022



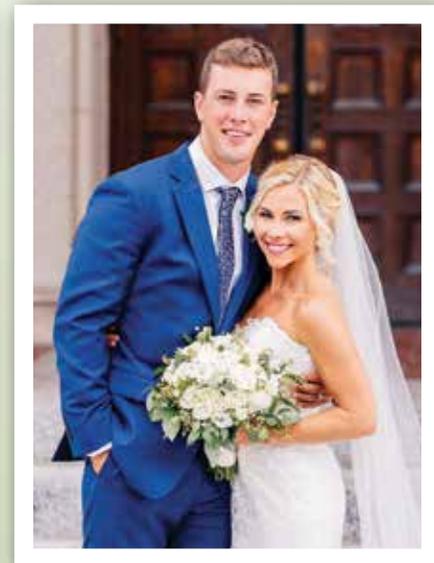
L to R: Rachel Poston '12, Jessica Rohling '12, Ellie Hahn '14, Leigh Cucinotta Gentry '12, Emily Seibel '12 and Maddy Haney '12



Mackenzie Dugan Goins '16

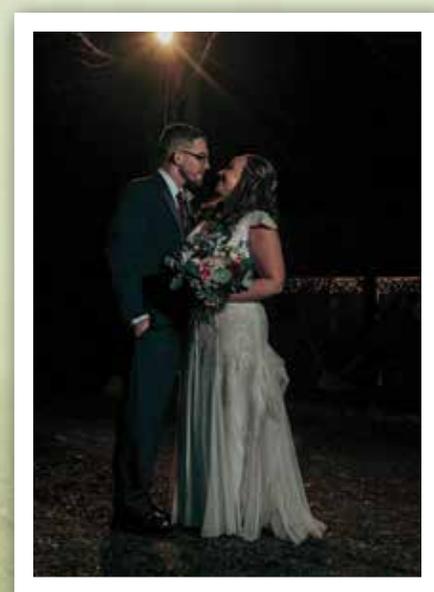


Mia Hurley Kuebler '09 with bridesmaids
Cassie Volker Rusche '09 and
Emily Lindsey Kastner '09



McKenna Moehring Ramsey '16

To submit a class note or update, please fill out the "Update Your Information" form at www.setoncincinnati.org, email alumnae@setoncincinnati.org or call (513) 471-2600.



Jennifer Rodgers Worthington '12

Births

Congratulations to the following Seton graduates on the addition to their families.

- Karly Hyland Ernst '13, daughter Marie Katherine, March 13, 2022
- Jenna Martini Marschall '13, son Sullivan Richard, March 31, 2022
- Mikaela Bleh Hicks '20, daughter Margaret Kay Jean, June 14, 2022
- Stephanie Davis Kaeser '09, daughter Scarlet Isla, August 27, 2022
- Emily Lindsey Kastner '09, daughter Hallie Lynn, September 8, 2022
- Emily McDonald Handlon '12, daughter Rose Frances, October 7, 2022
- Allison Broderick Henn '15, son Maverick Franklin, November 18, 2022
- Catherine Tuttle Gray '14, son Thomas Robert, November 25, 2022



Marie Katherine Ernst

Scarlet Isla Kaeser

Rose Frances Handlon

Sullivan Richard Marschall



Margaret Kay Jean Hicks

Maverick Franklin Henn

Thomas Robert Gray



Hallie Lynn Kastner and big sister Quinn

Passings

Our sympathy is extended to the families of the following:

- Dorothy Wuellner '41
- Jeanne Knapp Henggeler '42
- Jeanne Griffiths Jaspers '44
- Charlotte Roettker Ahr '44
- Elaine Reilly Burnhimer '44
- Dorothy Slaughter Meyer '46
- Marguerite Grafe Schoenung '46
- Marilyn Pille Seebohm '47
- Dorothy Poettker '47
- Ruth Ahlrichs Koppenhoefer '48
- Charlotte Foppe, RSM '48
- Marian Zeiser Niehaus '48
- Mary Donovan Collins '48
- Ruth Kirby Stratton '49
- Rosemary DeSalvo Kirby '49
- Patricia McDermott Spade '50
- Anna Lipps Barhorst '50

- Shirley Pretty Freese '50
- Ann Hertsenberg Buchanan '50
- Sue Hatfield Duffey '51
- Jeanne Manifold Young '52
- Marie Bode Laiveling Seifert '53
- Mary Tuchfarber Froehle '53
- Joan Voss James '53
- Mary Jo Krekeler Roesel '54
- Jaculyn Gerold Kohls '54
- Joan Wenz McGowan '54
- Carol Dryer Tedesco '55
- Barbara Duwel Rieman '55
- Margaret Berning '55
- Joan Frazer Sanker '56
- Charlotte Albers Harpring '57
- Mary Ann Junk Burns '58
- Margorie Flanigan Townsley '58

- Louise Bernhard Tieman '59
- Susan Moore Flick '59
- Judith Merling Manzi '60
- Roberta Hermesch '60
- Kathleen LaEace McSwigan '60
- Marcia Powell '61
- Silva Storey Schultz '61
- Vicki Braddick Tettenhorst '61
- Miriam Jones Stratmann '64
- Deanne Zimmermann '64
- Carleen Vance Gehling-Davis '65
- Sandra Heitz '65
- Loretta Schlosser Wilson '65
- Pat Kuhn Cochran '65
- Jean Wilke Heenan '66
- June Vale Minnery '66
- Rita Schuerman Davey '67

- Regina Haneberg Welter '67
- Mary Vetter Ackerman '68
- Martha Ackerman Swallow '68
- Roseanna Ziccardi McGowan '71
- Deborah Sheeders Gray '72
- Mary Rinear '73
- Mary Hollander Doyle '73
- Melissa Grothuas Hopewell '76
- Ann Heimbrock Gray '76
- Laura Carvitti Fay '76
- Stephanie Wandstrat Cappel '77
- Beth Wagner Bowden '78
- Diane Topmiller Kessler '79
- Terry Senefeld Luken '81

Giving Our Time and Using Our Gifts

Wherever it may be that alumnae choose to live in this world, Seton High School has prepared them to excel in life, to hear God's voice and to do God's will.
Here you can read about Saints doing amazing things all over the world.

Alumnae Spotlight

Pam Ehrman Kent '81

The word miracle is used in various ways and for a variety of purposes. From light-hearted to literal, religious



Pam in 2018 in NYC on a Seton alum trip

or non-religious, miracles are part of our everyday language and perspective of life. The Catechism of the Catholic Church defines a miracle as “a sign or wonder such as a healing, or control of nature, which can only be attributed to divine power.” Pam Ehrman Kent '81 is proof that miracles happen; and she believes that she is alive today to share her story because of the intercession of S. Blandina Segale, SC, a Sister of Charity currently being considered for sainthood who

attended Cedar Grove Academy and was also an educator, missionary, caretaker of the sick and co-founder of Santa Maria Community Services Inc.

If you meet Pam Kent just one time you will immediately feel her contagious positivity, zest for life and inclusive spirit. Her faith, strength and love of family and friends have always been a big part of who she is. When Pam was at Seton, her vibrant energy could be felt by the whole student body, who voted her as Student Council President her senior year. “I was very involved in promoting the student community and wanted to make all the students feel included no matter what they were involved in,” said Pam, whose mom Betty Metz Ehrman '55 and sisters Patti Ehrman Lahni '77 and Becky Ehrman Specker '85 are also proud Saints. Pam had a large calendar put in the cafeteria to encourage everyone to support one another. Student Council planned the first-ever student walk that year in addition to planning many activities with the boys next door at Elder, which is where she met Terry Kent ('78 Elder). In addition to the students, Pam had great respect for the staff and administration, including Seton's principal at the time, S. Kathryn Ann Connelly. “I thought it was important to show our appreciation to the entire faculty, so we provided baked goods for them every month.”

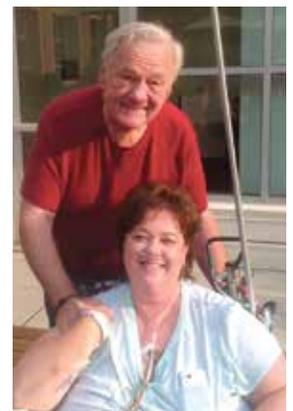
The leadership skills and empowerment she gained while at Seton helped her have the skillset and confidence to open her own business in 1983 at the age of 20. “What I learned at Seton and the opportunities provided to me

gave me the foundation to open my own hair salon and be successful.

For the next 20 years, Pam ran her business while also getting married in 1987 to Terry and starting a family. As her kids, Steven ('10 Elder), Bridgette Kent Cooper '06 and Adam ('21 Elder) grew and became involved in school activities, Pam took on more voluntary roles with St. Dominic, Seton and Elder. “Being a Seton Saint taught me how to embrace sisterhood through many different groups of friends in my life – whether it is book club, lunch with a group of moms, lasting friendships with volleyball or Glee Club moms or forty-year friendships with my Seton classmates.”

Pam has always embraced life and whatever obstacles came her way. What started out as a cold and bronchitis in January 2014 transpired into an inexplicable life-threatening illness. Within a few months of not getting any better, Pam found herself in the hospital where her oxygen levels were in the 60s. “I was in the ICU for 10 days and went home on oxygen,” said Pam, who was discharged without any clear answer or diagnosis. She put one foot in front of the other to get through the next few months without any progress in her condition. By July she was back in the ICU for 10 more days where the doctors came up with a bleak prognosis of pulmonary fibrosis/interstitial lung disease and told her that she had two years to live. “It was absolutely devastating,” said Pam. A month later she was back in the ICU but was determined to get out of there in time to attend her son Steven's White Coat Ceremony with the University of Cincinnati School of Pharmacy and was happy when she was able to do so.

Pam knew she needed to try everything to avoid the scenario of being on oxygen for the rest of her life. Much to her frustration over the next few months, she wasn't getting any better; but Pam didn't give up on her faith. She attended 4:30 p.m. Mass every Saturday at St. Dominic. “Each week I would see S. Kathryn Ann Connelly and S. Catherine



Pam and her 'wingman', her dad, while she was sick. He went with her to all of her medical appointments.



Pam at her sickest and now

Charity.” Unknown to Pam at the time, the Sisters all began to pray daily to S. Blandina Segale throughout the next year, asking S. Blandina for her intervention with Pam in the form of a miracle that would heal her.

There were some ups and some downs over the next few months, including in July 2015 during a procedure where one of her lungs was accidentally nicked and air escaped from the lung into the body causing a medical condition called crepitus. But prayers continued, and by January of 2016, Pam started to feel better and began weening off the oxygen without any explanation from her doctors as to how this could be happening.



Pam in the Blandina room at the Motherhouse

completely off oxygen. In September 2017, she was released from her pulmonologist without any logical reason for her complete healing other than that it was a miracle.

Kirby,” explained Pam. “They would ask me how I was doing, but S. Kathryn Ann could see that I was declining in health. In March of 2015 she brought my situation to the attention of the other Sisters of

In March 2016, one year from when the Sisters of Charity started praying to S. Blandina for a miracle, Pam was

Pam’s story was certified by the Sisters of Charity and has been submitted to the Vatican’s Congregation for the Causes of the Saints. This group will consider this miracle in addition to others as they decide to move forward to the next phase of the canonization process for S. Blandina Segale.

After a three-year journey, Pam can attest to the power of prayer. “When you hear the words ‘you only have two years to live’ at the age of 51, you realize that your family and friends are with whom you want to spend your time,” explained Pam. “This taught me to live life to the fullest, which I continue to do. I enjoy every moment with my family and make it quality time because truly every moment is a gift.”



Pam and her family living life to the fullest on a cruise

Pam Ehrman Kent '81 was featured in a Local 12 documentary about S. Blandina Segale in December 2022. You can find the link to watch and learn more at www.setoncincinnati.org.

“ This taught me to live life to the fullest, which I continue to do. I enjoy every moment with my family and make it quality time because truly every moment is a gift.”

PAM EHRMAN KENT '81





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Includes the funnel neck pullover, overnight bag and tumbler.

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ALUMNAE FUNNEL NECK PULLOVER

Ladies Ivy League sweatshirt in dark green/heather white featuring a super soft fleece, trendy funnel neck, front pockets and striped rib-knit cuffs and side vents.

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ALUMNAE WEEKENDER BAG

An easy-to-carry and spacious bag perfectly sized for quick getaways. Includes main pocket that fits a laptop and essentials, exterior and interior zip pockets, exterior luggage sleeve and an expandable bottom compartment for extra room. Water resistant.



\$25

ALUMNAE TUMBLER

This 20 oz. white stainless steel vacuum insulated skinny tumbler keeps your favorite beverage hot or cold for hours and fits perfectly in your cup holder! Includes a lid and straw for easy use.



To purchase alumnae items online or for more information about upcoming events, go to www.setoncincinnati.org

THANK YOU FOR YOUR SUPPORT OF THE ALUMNAE SUPER SAINT SCHOLARSHIP!