



### Philosophy

Involvement in organized sports plays a significant role in the development of our children. Participation instills teamwork, commitment, leadership, discipline, sacrifice, hard work and the opportunity to reinforce our Catholic principles. These values will benefit them in all phases of their lives. These values will be emphasized and reinforced during all practices, games, meetings and workouts. I will encourage and expect the players to be leaders in the classroom and community. It is important to develop and build relationships with each and every player.

### Seton Standard

We are going to play the game the right way by respecting our opponent, the referees and the game itself. Other teams will respect our program and expect to play a team that is well prepared, plays hard and competes for 32 minutes.

### Basketball Incoming Freshman Information

Spring/Summer:

- Open Gym/Weights – Mondays 5:00-6:30 Starting date April 7th thru May 12th (subject to change – will confirm with email early April)
- Practices/workouts will begin in June - TBD
- Incoming Freshmen Camp June 9th – 11th from 6:00-7:30pm
- Incoming Freshmen Games @ Seton – Monday, June 23rd

### Head Coaches

- Varsity - Scott Smith
  - Email: stsmith8625@gmail.com
- JV - Dan Morrison
- Freshman – Doug Hess

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