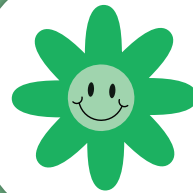


Bloom at  
**SETON**



*Grow in Faith, Academics & Leadership*

*Seton*

HIGH SCHOOL

# WELCOME *Future Saints!*

Are you ready to **BLOOM** at **SETON**?

Discover the exceptional academics and exciting opportunities here at Seton High School! We are confident that you will see the many reasons why thousands of young women have chosen to become Seton Saints!

## OUR HISTORY IS ROOTED IN A FIRM FOUNDATION

In the tradition of St. Elizabeth Ann Seton and through the mission of the Sisters of Charity of Cincinnati, Seton High School develops a diverse population of young women for a life of faith, service and leadership and engages them in achieving academic excellence in a college preparatory environment. Students receive a well-rounded educational experience including interactive classes taught by an extremely talented and dedicated faculty that challenge, enrich and empower our students to learn and grow. Our innovative modified block schedule exceeds state requirements for instructional minutes, providing excellent opportunities while preparing young women for college and beyond.

Over the past few years, Seton invested more than \$15 million in campus construction to provide an optimal learning environment that includes state-of-the-art classrooms and science labs, a parking garage, outdoor classrooms, air conditioning, Halo Café, The Grove courtyard, The Tom and Janis Kelley Family Theater, a new professional broadcasting studio and the new Saints Square Plaza. Our students are benefiting as they learn and thrive in an optimal educational environment.

SETON  
HIGH SCHOOL

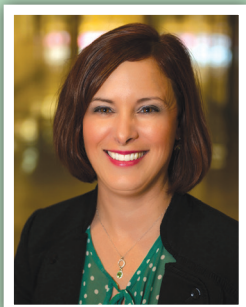




SETON HIGH SCHOOL  
*Administration*



**Kathy Allen Ciarla '87**  
President



**Karen Klug White '92**  
Principal



**Shelly Anderson**  
Associate Principal of  
Academics



**Sarah Cranley Lykins '02**  
Director of Institutional  
Advancement



**Erin Rowland**  
Associate Principal  
of Student Support Services



**Marianne Ridiman '72**  
Director of  
Student Retention



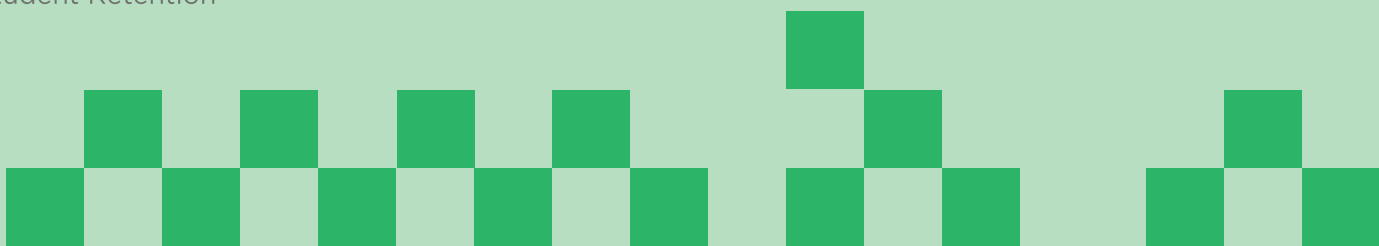
**Beth Bushman Autenrieb '95**  
Business Manager



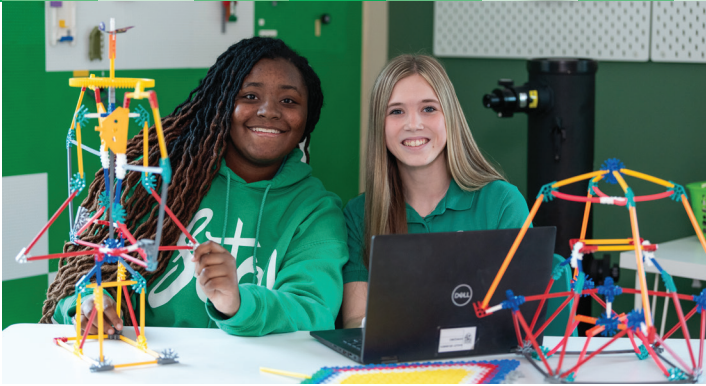
**Wendy Zureick Smith '90**  
Athletic Director



**John Cordova**  
Director of Facilities



# Growing in Academics



In addition, Seton's curriculum includes a Senior Capstone project. This is a culminating semester-long research experience in which every student demonstrates the original thought, academic integrity and sound research principles required for success in college, careers and life. All students complete the Senior Capstone as part of their senior English class.

Seton High School is proud to offer a rigorous and comprehensive college preparatory curriculum to our students. Through a combination of Honors, College Prep, Dual Credit and Advanced Placement courses, students can earn up to **86 college credits** while attending Seton. These college-level courses are offered on Seton's campus and on Mount St. Joseph University's campus. Seton's pathways to college and career success include courses and opportunities that focus on Business, Medicine & Health Sciences, Science and Technology, Engineering and Mechanics (STEM).

- **99%** of our graduates continued their education in post-secondary programs
- **84%** of our graduates received scholarships totaling \$28 million dollars
- **81%** of our seniors are taking one or more dual credit or AP courses
- **ACT test prep** is available to all students
- Seton offers **13** Advanced Placement courses
- Seton offers **15** Dual Credit courses through Mount St. Joseph University
- Seton offers **21** college credits through the University of Cincinnati



**AP School Honor Roll**

**2024**



Seton has earned **Silver recognition on the 2024 AP School Honor Roll**. The AP School Honor Roll recognizes schools whose AP programs are delivering results. We are proud to be among only **30% of high schools nationwide** who received this recognition this year!

## HONORS PROGRAM

Admission to Seton's Honors Program requires a student to score in the top 15% on the High School Placement Test and demonstrate academic achievement, Christian leadership and service to others as evident by their admission essay. Students must have a grade school cumulative average of 85% with no grade below 78%. Once accepted into Seton's Honors Program, students are offered exclusive leadership workshops and training, ACT test prep, take part in unique service opportunities and engage in enrichment activities through partnerships with local universities.



*"The teachers here are tough, yet supportive, and will push your daughters to hone their skills, refine their thinking and prepare them to be intellectual leaders in the college classroom the minute they set foot on campus."*



– Jason Berling, Social Studies Teacher and Instructional Coach

# Sample Schedule

Monday 3 Bell Day	Tuesday 4 Bell Day	Wednesday 3 Bell Day	Thursday 4 Bell Day	Friday 7 Bell Day
MG Segale 8:00 AM - 8:20 AM	MG Segale 8:00 AM - 8:11 AM	MG Segale 8:00 AM - 8:09 AM	MG Segale 8:00 AM - 8:11 AM	No Mentor Group 8:00 AM - 8:14 AM
	Honors Geometry 8:15 AM - 9:41 AM		Honors Geometry 8:15 AM - 9:41 AM	Honors Geometry 8:18 AM - 9:05 AM
Freshman Chorus 8:24 AM - 9:56 AM		Freshman Chorus 8:13 AM - 9:40 AM		Freshman Chorus 9:09 AM - 9:56 AM
		ASSEMBLY 9:44 AM - 10:39 AM (all school mass, Pep Rally, ACT test prep/House Activities, College Planning, Health and Wellness Programming)		
	Health 9:45 AM - 11:11 AM		Health 9:45 AM - 11:11 AM	Health 10:00 AM - 10:47 AM
Honors Biology 10:00 AM - 11:32 AM		Honors Biology 10:43 AM - 12:10 PM		Honors Biology 10:51 AM - 11:38 AM
		LUNCH Plato Cafe 12:14 PM - 12:44 PM		
	CP English 1 11:15 AM - 12:41 PM		CP English 1 11:15 AM - 12:41 PM	CP English 1 11:42 AM - 12:29 PM
	LUNCH Plato Cafe 12:45 PM - 1:15 PM		LUNCH Plato Cafe 12:45 PM - 1:15 PM	LUNCH Plato Cafe 12:33 PM - 1:03 PM
Introduction to Catholicism 11:36 AM - 1:08 PM		Introduction to Catholicism 12:48 PM - 2:15 PM		Introduction to Catholicism 1:07 PM - 1:54 PM
LUNCH Plato Cafe 1:12 PM - 1:42 PM				
ASSEMBLY 1:46 PM - 2:45 PM (National Honor Society Tutoring, Club Meetings, Teacher/Student 1:1 meetings, All-School Speakers)	Spanish 1 1:19 PM - 2:45 PM		Spanish 1 1:19 PM - 2:45 PM	Spanish 1 1:58 PM - 2:45 PM

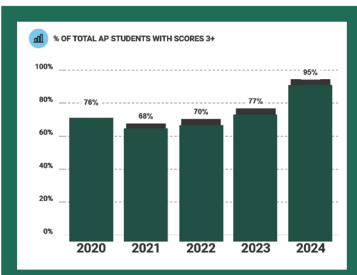
*“Seton High School has been an essential part of my journey towards a medical career by providing the academic and outside growth opportunities and challenges that are essential for my success. In the Honors Program, I am challenged daily in both Honors and AP classes that require me to think critically and engage deeply with the material. My teachers make learning exciting and constantly push me to want*



*to achieve more, which prepared me to excel at the TAP MD Summer Academy where I gained hands-on medical experience and learned directly from physicians and other healthcare professionals. This experience brought the concepts I learned in my courses at Seton to life, enhancing my understanding of complex medical concepts and affirming my passion for healthcare. Beyond academics, Seton’s commitment to developing well-rounded students has shaped my personal growth. As a member of the cross country team, I learned discipline, perseverance and the value of teamwork. These are skills that were essential during my experience at TAP MD where collaboration and quick thinking were crucial. The support and encouragement from Seton’s community have helped me grow as a student, leader and future healthcare provider, preparing me to embrace challenges and confidently pursue my passion for medicine in college and beyond.”*

- Avalyn Stricker '25

Seton High School is proud to report that **95% of our students** who took AP exams in 2024 scored a **3 or higher!**



*“Seton has challenged me to get outside of my comfort zone in sports, academics and my faith. At Seton I have had the opportunity to take several interesting and challenging AP courses and Honors classes. Seton’s outstanding athletic program has provided me with the resources to excel in the cross country and track programs and has allowed me to form lasting bonds with teammates across all grade levels. I have grown in my faith exponentially during my time at Seton through various faith-building opportunities including weekly rosary services, campus ministry meetings, retreats, prayer services and team faith building. As a House Chaplain, I have had the opportunity to continue to grow in my personal relationship with God while encouraging my fellow Seton sisters to grow in theirs. Seton has allowed me to put Christ at the center of everything I do.”* - Heidi Harmeyer '26, OHSAA D1 Cross Country District Champion and OHSAA Cross Country Individual 15<sup>th</sup> at State

# Growing in Faith and Service



Our strong Catholic faith is a part of every aspect of the school. From daily morning prayers, school-wide liturgies, retreats, mission trips, service opportunities and extracurricular activities, faith formation is the most important part of the Seton experience. Teachers and staff are committed to educating the whole student and we are proud to have an environment where our students can be empowered by their faith. Building a strong faith foundation is imperative for molding the strong, dedicated women of this world.

## MISSION & MINISTRY

Seton students are guided by the mission of the Sisters of Charity and rooted in the tradition of the Catholic church. Students not only have opportunities to explore their faith, but are also guided and encouraged to act justly, to build loving relationships, to share their resources with those in need and to care for all creation.



*“Campus Ministry is an integral part of the culture of Seton High School. Students have the opportunity to explore their relations with God through various experiences catered to personal growth, leadership, service and faith.”*

– Joshua Mueller, Campus Minister

*“Seton has provided so many opportunities to grow in my faith and as a leader. I serve on the board of Seton Helping Saints, Seton’s philanthropy and service club, where we partner with nonprofit organizations to give back and serve our community. I also serve as a board member of StrongHer, a club dedicated to empowering young women to be strong and confident. A key part of my experience at Seton has been through Campus Ministry where my faith has grown significantly, especially during this year’s mission trip to Louisa, Kentucky. On the mission trip, I gained a new perspective of God while working with my peers to serve others in need, being the light of God through acts of kindness.”*

– Lizzie Williams '26



# Growing in Leadership

The leadership opportunities at Seton High School extend from the classroom to the sports field to the stage to a club or to an activity. Students are also given many opportunities to take part in workshops and conferences. Additionally, Seton students are blessed to have unique opportunities to get exposure to various careers through several programs including Saints in Medicine, Future Business Leaders of America and Saints in Media. When a student graduates from Seton, she possesses the experiences, skills, confidence and moral grounding to be a leader in her college years and beyond.

*"Seton High School has built my confidence as an individual. Looking back as an incoming freshman, I was shy and not willing to speak up. Through my involvement in cheer and multiple clubs, I have discovered my true potential and gained confidence.*

*Seton's environment and enthusiasm are truly like no other. Everyone in the building genuinely cares for each other and wants to see growth both inside and outside of the classroom. The Seton Sisterhood has truly been an amazing gift!"* – Huyen Dao '26



## CLUBS & EXTRA-CURRICULARS

- Academic Team
- Anime Club
- Art Club
- Art Honors Association
- Audio/Visual Club
- Color Guard
- Concert Band
- Campus Ministry
- Diversity & Inclusion Club
- French Club
- House Government
- InterAlliance
- Marching Band
- Mock Trial
- National Art Honor Society
- National Business Honor Society
- National Honor Society
- National Spanish Honor Society
- Photography Club
- Private Piano Lessons
- Private Voice Lessons
- Saints for Life Club
- Saints in Media Club
- Seton-Elder Drama Club
- Seton-Elder Performing Arts Club
- Seton Helping Saints
- Show Choir
- Spanish Club
- Stage Crew
- StrongHer
- Student Ambassadors
- Technology Club
- TriHealth Summer Internship
- Video Club
- Vocal Ensemble





*“I love the Seton-Elder Performing Arts Program because of the empowering environment, friendships and how I’m pushed out of my comfort zone. Our music and vocal teachers help us to be better performers by challenging and encouraging us. My classmates and I support each other to audition for solos and for the spring musical. On stage, we push each other to be better and we help wherever it is needed. I’ve learned to succeed in all aspects of my life with the skills I have learned from my teachers and classmates. These people have become like family, and although this is only my second year in performing arts, I can’t imagine not being a part of this incredible program.”*

- Lidya Desbele '27

## ATHLETICS

### FALL

Cross Country  
Golf  
Soccer  
Tennis  
Volleyball

### WINTER

Basketball  
Bowling  
Swimming & Diving

### SPRING

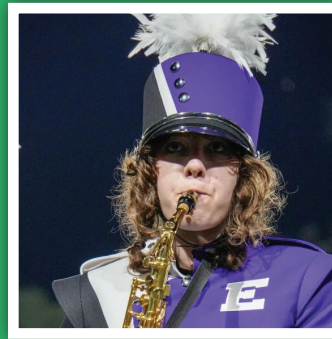
Flag Football  
Lacrosse  
Softball  
Track & Field

### YEAR ROUND

Cheer  
Dance



OHSAA Division 1 Volleyball State Champions



*“The best choice I ever made was joining the Seton-Elder Marching Band. In the band, a community is formed in which I and the other kids are free to express ourselves through music. Not only do we get to play songs we know and love, but we get to explore new genres of music and learn new skills that are not taught in a classroom. I have made amazing friends and being in the band has allowed me to grow in my passion for music.”* - Ella Bill '25

## SAINTS IN MEDIA

Seton High School is excited about our new Digital Broadcast Journalism class. This class is taught by Laura Duerring who has over 20 years of professional broadcast experience including internet, television, radio and print journalism, serving in both management and on-air roles.



“Broadcast and Digital Media is a full-year, hands-on course designed to place students in the anchor chair and behind the scenes in a state-of-the-art studio to produce *Good Morning, Saints*, Seton’s live announcements broadcast. Students learn all aspects of producing video, with a focus on perfecting strong storytelling, a necessary skill in any career they might pursue!” - Laura Duerring

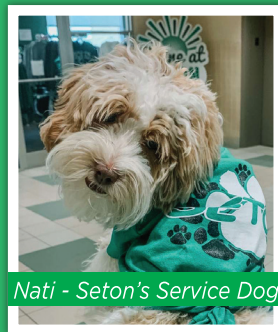




## SETON SUPPORT SERVICES HEALTH AND WELLNESS

Providing opportunities for our students to focus on health, wellness, accountability and balance in working towards their academic, social and emotional goals is a priority here at Seton. It is at the forefront of everything we do. We are proud to be able to offer our students a robust educational experience that fosters growth and success and improves outcomes.

### SCHOOL COUNSELING AND WELLNESS PROGRAM TEAM



Nati - Seton's Service Dog

## BAYLEY STUDENT ACADEMIC SUPPORT SERVICES

Through a comprehensive and inclusive approach, students with identified learning disabilities and/or other health impairments will receive individual, small group and/or classroom support from the Bayley Special Education Support Services Team. The team will work collaboratively with classroom teachers assisting in intervention strategies that are tailored to meet students' individual learning needs. For more information, please contact Nikki Sessums Roell '05 at [roelln@setoncincinnati.org](mailto:roelln@setoncincinnati.org).

*"Being in the Bayley program at Seton has helped me in more ways than just academically. I have felt my confidence continue to grow. I can always count on the Bayley team to help me with the support I need to be successful with whatever task is in front of me. So many of the tools that I have been provided with will help me be successful in college and in my future career."* - Abbie Bier '27



### SCHOOL COUNSELING SPECIAL EDUCATION PROGRAM TEAM



## HOUSE GOVERNMENT

Seton High School is proud to have been the first all-girls school in the city to embrace the House System as our form of student government. The House System fosters strong personal relationships with peers and adults and provides many outstanding leadership opportunities for the students. It gives freshmen an immediate sense of belonging as they are paired up with their Big Sister in Mentor Groups, boosting school spirit and healthy competition. By working together for Charity Points, the House System encourages all students to be involved in school life outside of the classroom.

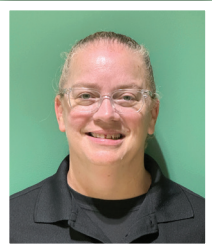


*The four Houses at Seton High School are named after the Sisters of Charity and hold significant historical meaning to their ministry and our school.*



## CAMPUS FACILITIES AND SECURITY

We are proud of our Seton Security Team which consists of retired Cincinnati Police officers who have over 175 years of combined years of service. Our team's top priority is the safety and security of every student and staff member at all times.



Ann Lally '92



Scott Albert



Andy Brown



Kelly Herman  
Raker '81



Dave Salzman



Seton offers an exceptional Catholic education in an optimal learning environment that includes state-of-the-art classrooms and science labs, a parking garage, outdoor classrooms, air conditioning, Halo Café, The Grove courtyard, The Tom and Janis Kelley Family Theater, a new professional broadcasting studio and the new Saints Square Plaza.

*"When it came time to helping our daughter, Maddie, make a high school decision, school security was at the forefront of this process. The professionalism and dedication of the Seton security team and the precautions they take each and every day stood out to us. We are grateful for the state-of-the-art technology and proactive measures throughout Seton's campus as well as the constant commitment to safety. Seton sets the standard for school safety, and I am grateful to the security team and administration." – Mark Burns, Cincinnati Police Captain and father to Maddie Burns '25*



LEARN MORE ABOUT  
HOW YOU CAN GROW  
AT SETON HIGH SCHOOL!



*Seton*  
HIGH SCHOOL

