



2025 Preseason

Open Field and Fitness

- June 7: 8:00AM-10:00AM (BEEP Test | Location: PAC)
- June 14: 8:00AM-10:00AM (Coopers Test | Location: PAC)
- June 21: 8:00AM-10:00AM (Man U | Location: MSJU)
- June 28: 8:00AM-10:00AM (Gauntlet | Location: MSJU)
- July 12: 8:00AM-10:00AM (Make Up Fitness Test | Location: MSJU)

CAMP LOCATION: Panther Athletic Complex

GRADE SCHOOL CAMP: June 23, 24, 25 (rain date June 26) 6:30PM-8:00PM

FRESHMAN CAMP: June 30, July 1, 2 6:30PM-8:00PM

COACHING DAYS & PRESEASON SCRIMMAGES

- **OPEN FIELD/COACHES PRACTICES:** July 8, 9, 10 | Location: MSJU 6:00PM-8:00PM
- **SCRIMMAGE:** July 14 | Location: Lakota West (Group 1- 5:30PM, Group 2- 7:00PM)
- **COACHING DAYS:** July 15 | Location: MSJU 6:00PM-8:00PM
- **SCRIMMAGE:** July 16 | Location: Springboro (3 Groups, Times TBD)
- **COACHING DAYS:**
 - July 17 | Location MSJU 6:00PM-8:00PM
 - July 19 | Location: MSJU Fitness/Open Field 8:00AM-10:00AM
 - July 22, 23, 24 | Location: MSJU 6:00PM-8:00PM

Fitness Training with Coach LaRosa

- Monday and Friday Mornings (July 7, 11, 18, 25)
- 7:30AM-8:30AM | Location: MSJU

IMPORTANT DATES

TRY-OUTS are MANDATORY TO BE CONSIDERED FOR A SPOT ON A TEAM (Location TBD)

- **August 1 & August 2nd | Location: MSJU**
 - Freshman (5:00PM-6:30PM), Upperclassmen (6:30PM-8:00PM)
- **August 2 - TIMES TBD Freshman-Upperclassmen**

***IMPORTANT DATES ONCE TEAMS ARE FORMED**

- August 3: All program mass/picnic | Time/Location: TBD
- August 3: Varsity Overnight Retreat

SCRIMMAGES

- August 5 | Location: Highlands 4:00PM/5:30PM/7:00PM (all 3 teams)
- August 9 | Location: Ross (JVA 5:30PM, Varsity 7:00PM)
- August 11 | Location: Loveland (JVA 5:00PM, Varsity 7PM)

YOU SHOULD ALWAYS BRING A BALL, WATER AND A GREAT ATTITUDE TO EVERY PRACTICE AND GAME!
#BELIEVE