



Parents,

Increase in sports related illness and unexpected deaths in recent years has caused TriHealth to re-evaluate the best approach to offering student athletes pre-participation physical exams/screenings. Additional factors that are included within the required Pre-participation Physical Examination forms provided by the Ohio High School Athletic Association (OHSAA) also includes questions requiring a family medical history, a more detailed cardiac exam, a concussion history, as well as a series of mental health questions that were added to the 2020-2021 form.

Copy of this form can be found on the OHSAA website: <https://ohsaa.org/medicine/physicalexamform>

Given the current comprehensive requirements for these physicals and our relative responsibility to them, we have concluded that we can no longer responsibly conduct these physicals in the traditional mass screening format as we have done in past years. This decision is based upon TriHealth recognizing the increased need for a more thorough exam to ensure the overall safety and well-being of all our student athletes. It is our belief that our student athletes' health interests are better served in a private, one on one, comprehensive physical examination provided by their own caregiver as part of their annual well visit. These recommendations are supported by the American Academy of Pediatrics (AAP), as well as the American Academy of Family Physicians (AAFP).

For those student athletes that may not currently have a primary care provider, below is an option for you to schedule a well check for these purposes. We are asking for your understanding and support as it is necessary to ensure the health and well-being of all of our student athletes. Previous methods used in the past are no longer responsible and simply cannot meet the increased needs and demands that our students now have.

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Thank you,

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