



**Coaching Staff:**

Varsity - Coach Nicole Kettler Bunke – [nmkrn2015@gmail.com](mailto:nmkrn2015@gmail.com)

JV – Coach Alexa Jacob – [alexajacob26@gmail.com](mailto:alexajacob26@gmail.com)

Assistant Coach – Pamela Kettler – [pamela.kettler@gmail.com](mailto:pamela.kettler@gmail.com)

**Season:** November – March

**In-Season Practices:** Western Bowl 1-3 times a week

**In-Season Matches:** 1-3 a week, tournaments on the weekends

\*total of 3-4 days each week between practices, matches, and/or tournaments

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